



**BECAUSE OUR DIFFERENCES
WERE MADE TO UNITE US**

Process Accountability Questions

1. What does the word courage mean to you?
2. Can guilt or shame produce courage?
3. What role does vulnerability play in having courage?
4. What is the cost of not being courageous?
5. What do you wish you had the courage to do? How can you overcome what you are afraid of?
6. Describe a situation that took courage for you to undertake. In what ways did it take courage?
7. How does taking things “one step at a time” keep you from being overwhelmed?
8. What does it mean to enjoy the journey? How do you ensure that you are enjoying your journey?
9. How do you deal with bad days?
10. How has technology/media influenced our minds when it comes to commitment and patience?
11. How can you work on patience and commitment?

12. How do you feel about failure? How has the thought of failure impacted your life?
13. What is holding you back from your dreams?
14. What has been your greatest struggle?
15. When was a time you felt like completely giving up? Did you overcome it? If so, how did you overcome it?
16. What is your dream job? How can process accountability help you to reach that goal?
17. How do you deal with setbacks?
18. How do you work on the development of your mental and emotional health each day?
19. What does success mean to you?
20. What makes collaboration difficult?
21. How can collaboration be helpful?
22. If you are an introvert, how do you find your voice in a group?
23. How does developing strong attention to detail make you more effective?